



4TH AFRICAN WOMEN'S HEALTH CONFERENCE

“CHASING ZERO HARM
APPROACH”

January 10th - 11th, 2025

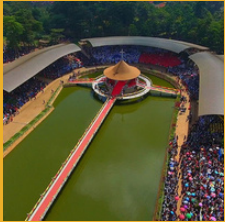
Kampala, Uganda

For Registration:
www.awhec.org



H.E. GEN. YOWERI KAGUTA MUSEVENI

**President of
The Republic of Uganda**





HON. DR. JANE RUTH ACENG OCERO

**Minister of Health of
The Republic of Uganda**

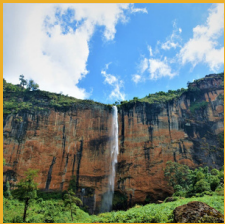


**THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH**



HON. ANIFA KAWOoya BANGIRANA

State Minister for Health in
Charge of General Duties



THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH



HON. MARGRET MUHANGA

State Minister of Health PHC



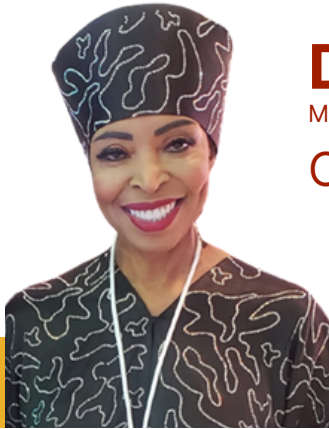
THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH

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WELCOME MESSAGE



Dr. Nellie Boma

MD, MPH, CPHQ, CMQ, CPPS, CPHRM

Conference Chairwoman

We are pleased to welcome to you the **“4th African Women’s Health Conference (AWHEC) – 2025”**, represented by women leaders in healthcare. All Eminent and Distinguished speakers.

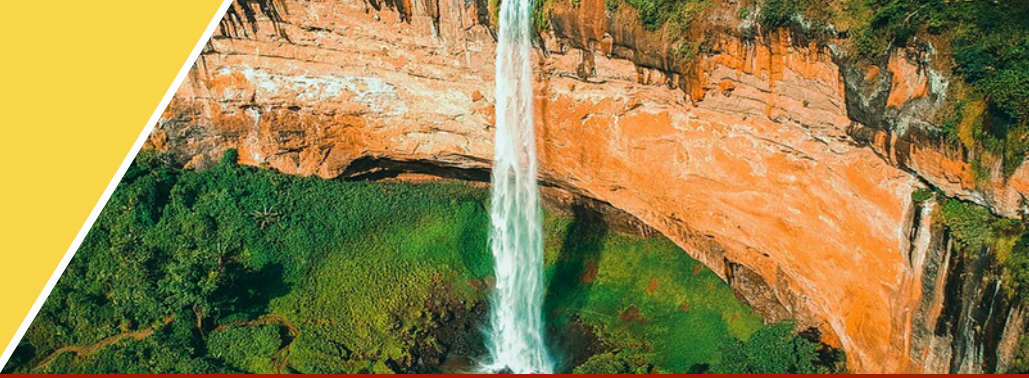
The success of the Women’s Health Conference is predicated by an all-Female Faculty who will pave the path to this year’s program. Aiming high and making a difference, women leaders in today’s healthcare industry are taking a quantum leap in changing the course of diseases affecting women.

Our passion is to share knowledge and review current state-of-the-art advances in diagnosing and managing diseases related to women’s health.

Our drive is to protect all women from all health care associated risks by implementing evidence-based best practices/innovations and improving all dimensions of performance.

This year’s theme is “Chasing the Zero Harm Approach” with the hope of reducing or eliminating the medical and economic burdens of diseases that affect African women.

Join us on from the 10th to 11th January 2025 in Imperial Royale Hotel Kampala, Uganda and experience knowledge sharing from our renowned experts in health care.



ABOUT AWHEC

In 2010, Dr. Nellie Boma created a forum within the United Arab Emirates with the primary objective of cultivating an inclusive and supportive environment. This platform was specifically designed to facilitate the convergence of women, healthcare experts, and advocates, fostering the exchange of valuable insights, personal experiences, and pertinent discussions pertaining to the field of women's health. Over the course of an additional six successful years, these conferences continued to thrive and focus on the diseases/conditions that women experiences. Thanks to the invaluable contributions of highly esteemed Emirati and non-Emirati female speakers who are renowned experts in their respective medical domains.

We expanded our horizons by taking the initiative to host the 1st African Women's Health Conference (AWHEC) was held on December 5th – 6th, 2019 in Kigali Rwanda and the 2nd AWHEC was held on January 16th -17th, 2023 in Dar Es Salaam, Tanzania and the 3rd AWHEC in Kampala, Uganda was held on January 19th - 20th 2024. All conferences led by an all-female faculty, addressing the top diseases/conditions affecting their respective countries.

More than 2000 physicians, allied health professionals, nurses, health care administrators, quality and safety officers, residents and students gathered to interact and engage in important discussions on primary, secondary and tertiary prevention strategies based on evidence-based practices. Each year over two-days, the conference focus on diseases/conditions affecting women in the UAE. The conference was not sustainable due to funding constraints. It is also our hope to resuscitate these conferences.

This 4th African Women's Health Conference provides a unique platform to understand and manage prevalent and high-risk pathologies affecting women. This acknowledge transfer that benefits all attendees, is consistent with the adage that "There are no bad students, only bad teachers".

OUR

MISSION, VISION & VALUES



OUR MISSION

To improve all dimensions of women's health in Africa.



OUR VISION

Our Diverse and Unique all female faculty, who are experts in their respective fields of medicine, are committed to knowledge transfer. This will be achieved through onsite interactions with healthcare professionals across Africa.



OUR VALUES

Compassion, Commitment, Collaboration,
Courtesy and Creativity



4TH AFRICAN WOMEN'S HEALTH CONFERENCE (AWHEC) KAMPALA, UGANDA 10TH - 11TH JANUARY 2025

ORGANIZING COMMITTEE



**Hon. Anifa Kawooya
Bangirana**

State Minister for Health
in Charge of General
Duties
Uganda



**Dr. Byanyima
Rosemary Kusaba**

CEO, Mulago National
Referral Hospital
Uganda



Dr. Nellie S. Boma,

Conference Chairwoman
Founder of AWHEC, Chief Medical
Officer Czech Rehabilitation
Hospital
UAE



Dr. Irene Asaba Mugisha

Conference Co-Chairwoman
Consultant Plastic Surgery
Mulago National Referral
Hospital, Treasurer Uganda
Medical Association
Uganda



Dr. Jesica Nsungwa Sabiiti

Commissioner for Maternal and Child Health
Uganda



Dr. Edith Nakku-Joloba

Immediate Past President Uganda Medical
Association & Senior Lecturer at Makerere University
Uganda



Dr. Salma A. Elmisbah

Specialist Emergency Medicine
Rashid Trauma Center
UAE



Ms. Elizabeth Kisarye

Ms. Elizabeth Kisaakye, National
Treasurer Uganda Nurses and
Midwives Union
Uganda



Ms. Alison Wade

Nursing – Case Manager
UAE

CONFERENCE OBJECTIVES

- To focus on the Zero Approach concept.
- To highlight the indispensable role of women leaders in healthcare.
- To demonstrate healthcare quality in the new era of digitalization.
- To explain the impact to understand of stroke in women's health.
- To understand the impact of osteoporosis in women's health.
- To highlight pregnancy complications and its effect on mother/baby and society.
- To demonstrate the medical burdens of cancers on women's health and its impact on the society.
- To understand the effect of communicable and non-communicable disease burden on women.
- To understand the medical emergencies impacting women's health.
- To describe how governments can improve health by combating disaster.
- To illustrate the role of nurses in sustaining healthcare population.



CONFERENCE HIGHLIGHTS



- Obstetrical /Gynecological Complications
- Cancers in Women
- Communicable Diseases
- Non-Communicable Diseases
- Leadership, Quality and Safety
- Emergencies in Women

TARGET AUDIENCE

- Physicians
- Nurses
- Midwives
- Allied Health Professionals
- Hospital Administrators
- Quality and Safety Professionals
- Residents and Students
- Healthcare Professionals





PROGRAM AT A GLANCE

January 10th - 11th 2025
Kampala, Uganda



**4th African Women's Health Conference
(AWHEC)
January 10th – 11th 2025
Imperial Royale Hotel – Kampala, Uganda**



DAY 1

TIME	TOPICS	FACULTY
8:00 am – 9:30 am	Registration	
9:30 am – 10:00 am	Welcoming Remarks	Dr. Nellie Boma, Founder of AWHEC, Chief Medical Officer Czech Rehabilitation Hospital, UAE
10:00 am – 10:30 am	Leadership-The Role Women Play in Advancing Healthcare	Dr. Byanyima Rosemary Kusaba, CEO, Mulago National Referral Hospital, Uganda
10:30 am – 11:00 am	Official Opening Remarks of Conference	Hon. Anifa Kawooya Bangirana, State Minister for Health in Charge of General Duties Uganda
11:00 am – 11:30 am	Keynote Address	Hon. Dr. Jane Ruth Aceng Ocerro, Minister of Health, Uganda
11:30 am – 12:00 am	COFFEE BREAK	
SESSION 1 – OBSTETRICS & GYNECOLOGY		
12:00 pm – 12:30 pm	Pregnancy Complications: A Red Flag in Women	Dr. Rachael Nanzira Samantha, Consultant Obstetrics and Gynecology, Kawempe Women's National Referral Hospital for Women and Neonates, Uganda
12:30 pm – 1:00 pm	Breast Cancer Awareness – “The Zero Approach”	Dr. Cathy Kilyewala, Consultant Breast and Endocrine Surgery, President of Women in Surgery Association, Lecturer Makerere University, Uganda
1:00 pm – 1:30 pm	Cervical Cancer – “Why we should care?”	
1:30 pm – 2:00 pm	Empowering Health: Coaching for Zero Harm in African Women's Health	Dr. Fatma Ridene, Senior Vice President, Clinical Development at M42 Health, UAE
2:00 pm – 3:00 pm	LUNCH BREAK	
SESSION 2 – COMMUNICABLE DISEASES		
3:00 pm – 3:30 pm	Tuberculosis In Women - Should We Care?	Dr. Akello Susan Adakun, Consultant Pulmonologist Mulago National Referral Hospital, Uganda
3:30 pm – 4:00 pm	Sexually Transmitted Infections – Its Impact on Women	Dr. Jessica Nsungwa, Commissioner for Maternal and Child Health, Uganda
4:00 pm – 4:30 pm	Emerging Infectious Diseases	Dr. Immaculate Nabukenya, Epidemiologist and Country Team Lead (NAPHS) Makerere University, Uganda
4:30 pm – 5:00 pm	STI's and HIV Prevention in Women and Girls in Africa - An Overview	Dr. Edith Nakku-Joloba , Immediate Past President Uganda Medical Association & Senior Lecturer at Makerere University, Uganda
CLOSING REMARKS DAY 1		

 www.awhec.org

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Conference Registration Link: https://docs.google.com/forms/d/e/1FAIpQLScDZM1J10twL5_s4PLW-rXtZnu6U8xiM39wmVLJaQqZ0zyunA/viewform



4th African Women's Health Conference
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Imperial Royale Hotel – Kampala, Uganda



DAY 2

TIME	TOPICS	FACULTY
8:00 am – 9:30 am	Registration	
9:30 am – 10:00 am	Opening Remarks	Dr. Nellie Boma, Founder of AWHEC, Chief Medical Officer Czech Rehabilitation Hospital, UAE
SESSION 3 – EMPOWERING WOMEN		
10:00 am – 10:30 am	The Role of Nursing in Healthcare - An under appreciated role	Ms. Elizabeth Kisaakye, National Treasurer Uganda Nurses and Midwives Union, Uganda
10:30 am – 11:00 am	Digital Healthcare Solutions: Enhancing accessibility and safety for Women in Africa	Dr. Fatma Ridene, Senior Vice President, Clinical Development at M42 Health, UAE
11:00 am – 11:30 am	Trauma in Pregnancy: Two Lives in One	Dr. Salma Al Rajaby, Consultant Emergency Medicine, Rashid Hospital, UAE
11:30 am – 12:00 am	COFFEE BREAK	
SESSION 4 – NON-COMMUNICABLE DISEASES (PART 1)		
12:00 pm – 12:30 pm	Type 2 Diabetes in Women - Medical and Economic Burdens	Dr. Atukunda Angella, Consultant Endocrinology, Assistant Clinical Head Mulago National Referral Hospital, Uganda
12:30 pm – 1:00 pm	Chest Pain in Women – An Enigma	Dr. Happy L. Mbabazi, Specialist Internal Medicine, Adult Cardiologist, Uganda Heart Institute, Uganda
1:00 pm – 1:30 pm	Diabetes with Obesity	Dr. Khadija Hafidh, Consultant Physician and Diabetologist at Dubai Health Authority, UAE
1:30 pm – 2:00 pm	Chronic Obstructive Pulmonary Disease (COPD)	Dr. Akello Susan Adakun, Consultant Pulmonology Mulago National Referral Hospital, Uganda
2:00 pm – 3:00 pm	LUNCH BREAK	
SESSION 4 – NON-COMMUNICABLE DISEASES (PART 2)		
3:00 pm – 3:30 pm	Cosmetic Surgery: Should African Women Embrace it?	Dr. Irene Asaba Mugisha, Consultant Plastic Surgery Mulago National Referral Hospital, Treasurer Uganda Medical Association, Uganda
3:30 pm – 4:00 pm	Infertility in Women – “Does it matter on Africa?”	Dr. Panayota Zarmakoupis Consultant Reproductive Endocrinology and Infertility University of Pittsburgh Medical Center, USA
4:00 pm – 4:30 pm	Women and Crisis: A Closer Look at Disaster Medicine in Africa	Dr. Salma A. Elmisbah, Specialist Emergency Medicine Rashid Trauma Center, UAE
SESSION 5		
4:30 pm – 5:00 pm	The New Era in the Management of Anemia in Women	Dr. Fatima Bakhit, Specialist Family Medicine, Czech Rehabilitation Hospital, UAE
5:00 pm – 5:30 pm	Smoking in Women – A Critical Threat	Dr. Nellie Boma, Founder of AWHEC, Chief Medical Officer Czech Rehabilitation Hospital, UAE
5:30 pm – 6:00 pm	Leading with Grace: Nurturing the Potential of Young Women in Leadership	Ms. Theodora Zavos Psychology, Public Health and Biology University of Maimi, USA
6:00 pm – 6:15 pm	Awards and Recognition	Mr. Khaled Afifi, Founder & CEO at Middle East North Africa Conference (MENA Conference), UAE
	OFFICIAL CLOSING REMARKS OF CONFERENCE	Dr. Nellie Boma, Founder of AWHEC, Chief Medical Officer Czech Rehabilitation Hospital, UAE

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SPEAKER FACULTY



4th African Women's Health Conference (AWHEC)

Save the Date

10 - 11 January, 2025

Imperial Royale Hotel, Kampala City, Uganda



GUEST OF HONORS



Hon. Jane Ruth Aceng Otero
Minister of Health of The Republic of Uganda



Hon. Anifa Kawooya Bangirana
State Minister for Health in Charge of General Duties



Hon. Margaret Muhanga Mugisa
Minister of State for Health in Charge of Primary Health Care



Dr. Byanyima Rosemary Kusaba
CEO, Mulago National Referral Hospital

MEET OUR SPEAKERS



Dr. Nellie Boma,
Founder of AWHEC,
Chief Medical Officer Czech Rehabilitation Hospital
UAE



Dr. Cathy Kilyewala,
Consultant Breast and Endocrine Surgery, President of Women in Surgery Association, Lecturer Makerere University
Uganda



Dr. Rachael Nanzira Samantha,
Consultant Obstetrics and Gynecology, Kawempe Women's National Referral Hospital for Women and Neonates
Uganda



Dr. Fatma Ridene,
Senior Vice President, Clinical Development at M42 Health
UAE



Dr. Panayota Zarmakoups
Consultant Reproductive Endocrinology and Infertility University of Pittsburgh Medical Center
USA



Dr. Akello Susan Adakun,
Consultant Pulmonologist Mulago National Referral Hospital
Uganda



Dr. Khadija Hafidh
Consultant Physician and Diabetologist at Dubai Health Authority
UAE



Dr. Jessica Neungwa,
Commissioner for Maternal and Child Health
Uganda



Dr. Irene Asaba Mugisha
Consultant Plastic Surgery
Mulago National Referral Hospital, Treasurer Uganda Medical Association
Uganda



Dr. Immaculate Nabukenya,
Epidemiologist and Country Team Lead (NAPHS) Makerere University
Uganda



Dr. Edith Nakku-Joloba,
Immediate Past President Uganda Medical Association & Senior Lecturer Makerere University
Uganda



Dr. Happy L. Mbabazi,
Specialist Internal Medicine, Adult Cardiologist, Uganda Heart Institute
Uganda



Ms. Elizabeth Kisaakye,
National Treasurer Uganda Nurses and Midwives Union
Uganda



Dr. Fatima Bakht,
Specialist Family Medicine, Czech Rehabilitation Hospital
UAE



Dr. Salma Al Rajaby
Consultant Emergency Medicine
Rashid Hospital
UAE



Dr. Salma A. Elmishah,
Specialist Emergency Medicine
Rashid Trauma Center
UAE



Dr. Atukunda Angella,
Consultant Endocrinology,
Assistant Clinical Head Mulago National Referral Hospital
Uganda



Ms. Theodora Zavos
Psychology, Public Health and Biology
University of Miami
USA



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A do not miss opportunity.



HONOREE

Mr. Khaled Afifi

Mr. Khaled Afifi, Founder & CEO at
Middle East North Africa Conference
(MENA Conference),
United Arab Emirates



Special Thanks

Dr. Herbert Luswata

President Uganda Medical Association
Uganda



CONFERENCE GALLERY



3RD AFRICAN WOMEN'S HEALTH CONFERENCE

January 19th – 20th 2024
Imperial Royale Hotel
Kampala, Uganda









4TH AFRICAN WOMEN'S HEALTH CONFERENCE

“CHASING ZERO HARM
APPROACH”

January 10th - 11th, 2025

Kampala, Uganda



*Thank You For
Your Support.*

Nellie Boma,

MD, MPH, CPHQ, CMQ , CPPS, CPHRM
Conference Chairwoman